

THE KARATE SCHOOL

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NINJAS	5:00 – 5:30		5:45 –6:15		4:45 – 5:15
KIDS BEGINNER W-Y-O-P	5:30 – 6:15	5:00 – 5:45	6:15 – 7:00	5:00 - 5:45	
KIDS ADVANCED BLUE AND UP	6:15 – 7:00	5:45 - 6:30	5:00 – 5:45		5:15 – 6:00
JUNIORS BLACK BELT	7:00 – 8:00	6:30 – 7:30	7:00 – 8:00	5:45 – 6:45	
KIDS SPARRING & DEFENSE DRILLS				6:45 – 7:30	
ADULT MARTIAL ARTS CLASS	8:00	7:30	8:00	7:30	

BIRTHDAY PARTYS ARE AVAILABLE ON SATURDAYS AT 1:00

DREAMS LEAD YOU HERE...

DREAMS WITH A DEADLINE LEAD TO A GOAL...

GOALS LEAD TO SHORT RANGE OBJECTIVES...

SHORT RANGE GOALS LEAD TO SELF-DISCIPLINE AND DETERMINATION...

SELF DISCIPLINE AND DETERMINATION LEAD TO ATTENDANCE...

ATTENDANC LEADS TO KNOWLEDGE...

KNOWLEDGE LEADS TO CONFIDENCE...

CONFIDENCE LEADS TO "YES I CAN" ...

"YES, I CAN" LEADS TO THE REALIZATIONS OF YOUR DREAMS...

KEEP YOU'RE DREAMS ALIVE!

WWW.THEKARATESCHOOL.COM

215-766-3337