



The Karate Schools

5782 EASTON RD---PLUMSTEAD SHOPPING CENTER
CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ninjas	5:00 – 5:30		5:45 – 6:15		4:45 – 5:15	10:30 – 11:00
Kids- Beginner W-Y-O-P	5:30 – 6:15	5:00 – 5:45	6:15 – 7:00	5:00 – 5:45		
Kids- Advanced Blue & Up	6:15 – 7:00	5:45 – 6:30	5:00 – 5:45		5:15 – 6:00	
Juniors Black Belts	7:00 – 8:00 All Belts	7:15 – 8:00 Purple & Up	7:00 – 8:00 All Belts	5:45 – 6:30 W-Y-O		
Kids Sparring & Defense Drills				7:15 – 8:00		11:00 – 11:45
Fitness Kickboxing & Workout		6:30 – 7:15		6:30 – 7:15		9:30 – 10:15
Teens & Adults Martial Arts	8:00	8:00	8:00	8:00		

**(No Saturday class from Memorial Day –
Labor Day)**

**BIRTHDAY PARTYS ARE AVAILABLE ON SATURDAYS AT 1:00
ASK FOR DETAILS AND RESERVATIONS**

DREAMS LEAD YOU HERE...
DREAMS WITH A DEADLINE LEAD TO A GOAL...
GOALS LEAD TO SHORT-RANGE OBJECTIVES...
SHORT-RANGE OBJECTIVES LEAD TO SELF-DISCIPLINE AND DETERMINATION...
SELF-DISCIPLINE AND DETERMINATION LEAD TO ATTENDANCE...
ATTENDANCE LEADS TO KNOWLEDGE...
KNOWLEDGE LEADS TO CONFIDENCE...
CONFIDENCE LEADS TO “YES I CAN”...
“YES I CAN” LEADS TO THE REALIZATIONS OF YOUR DREAMS...
KEEP YOUR DREAMS ALIVE!

To sign up for class, go to:
www.TheKarateSchools.com
Click on class schedule
Click on grey box

215-766-3337