

THE KARATE SCHOOL
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INFORMATION PAMPHLET

Welcome to The Karate School! Congratulations on your decision to take the challenge towards personal excellence. The purpose of this pamphlet is to make your start with our school easy and comfortable. Included are an explanation of our rules and the structure of our school.

ATTENDANCE

Attendance is the key to progress and success. Two classes a week are required to gain the benefits The Karate School has to offer. Please communicate to the instructors any obstacles your child may have so we may assist you in overcoming them. Overcoming obstacles and experiencing the exhilaration of success is one way we teach our student how to build self-discipline, confidence and perseverance.

TEAM WORK IS ESSENTIAL!

ATTENDANCE PROCEDURE

“Proper attendance is the key to success”

Student attendance cards will be found in the appropriately color or labeled box. Cards are color coded to correspond to belt rank. Attendance is shown by a check mark for any given week. Students with perfect attendance within one entire belt rank will receive a gold star at promotion to display on their uniform.

CLASS TIMES

Please refer to schedule for your class times. We highly recommend you attend class twice a week. We also recommend you attend class on a consistent days and times to make your attend part of your weekly schedule. However, you may attend any class within your own belt rank, any day7 of the week that fits your schedule.

VACATIONS OR ABSENCES

If you will be missing class for vacation or illnesses for a period of more than one week, please notify one of the instructors. Any time you miss can be made up upon your return. If you are going on vacation, you can put some time in before you go.

EXTRA HELP

If for any reason you fall behind and need extra help, see one of the instructors to schedule a time that is suitable to receive help. Achieving goals at TKS is one of the most vital instruments used in building our student’s confidence, communication and teamwork are essential for the benefits to be obtained

CALENDAR OF EVENTS

Please pick up the monthly calendar at the beginning of the month. It is filled with information to educate and assist parents and students. All upcoming events, star, stripe week, buddy nights, promotions closing, etc., are included on the calendar.

VIEWING CLASSES

Parents are encouraged to watch classes. We only ask that you respect the students and instructors, so that they can focus on what is being taught in class. Also for parents who are listening to class so they can reinforce, at home, what their children are learning. If you are bringing younger children, please try to keep them semi-quiet and under control. NO RUNNING AROUND. We have some books. Bring something quiet for them to do

DROPPING OFF CHILDREN

If you are dropping off children, please make sure that they are not late for class. Drop off ten minutes prior to class and pick them up within ten minutes to class ending.

LATE FOR CLASS?

Everyone is late occasionally. If a child is consistently late for the same class, please try another class time. It is distracting to the class and your child is missing part of their curriculum. Students who are consistently late may not get credit for that class.

THE BELTS

Students at TKS show their progress in martial arts by the color of the belt they wear. Each color belt is a step toward their goal of Black Belt. If a student is progressing on schedule, every month during stripe week he/she will receive a new stripe on their belt. When the black stripe is earned, he/she is eligible to promote to the next belt rank.

SPARRING

Students are eligible to start sparring once they have achieved the rank of orange belt. Sparring class is held on Thursdays during scheduled class time. (check class schedule) Due to mandatory insurance regulations, all gear must be purchased through The Karate School.

BIRTHDAY PARTIES

The school is available on Saturdays for parties. For more information, please see an instructor.

STUDENT CREEDS

Student creed #1

To build true confidence, I must have **Knowledge in the mind**
Honesty in the heart, and
Strength in the body.
Winners never quit, Quitters never win, I choose to be a winner.

Student creed # 2

I will develop myself, in a positive manner,
and never do anything, that will harm,
my physical growth, or mental health.
Asah!!